

Small Group Hour of Prayer

This printed guide is meant to accompany our hour of prayer video. Throughout our prayer time together, we will have opportunity to pray through the scriptures listed here. Many are intended to be read aloud together. Wherever scriptures are listed in bold, pray them aloud along with the video. It is important that we use our voice to lift these scriptures and that we make them our prayers rather than just 'vain repetition'.

Leaders, please encourage your group members to use their voice and pray along with the video out loud.

With each section, there is a time for extemporaneous prayer or quiet reflection as the Holy Spirit leads your group. For most sections, this is around two minutes. There is soft guitar music playing in the video, and before we move to the next section, the guitar fades out. This gives opportunity for your group to continue praying in any of the sections. If your group is still seeking the LORD for one of these areas, pause the video and move on when you're ready. Anointing with oil and praying for the sick is encouraged during the prayers of intercession. Please be ready to pray for one another and to anoint with oil. Group leaders or hosts, please have some high quality oil available for anointing with. Extra virgin olive oil from the grocery store works well.

During the course of the meeting, we'll sing a couple of songs of praise, one ancient, and one modern. These songs are meant to be sung together, not listened to. Please participate and encourage others around you to participate. If you need to turn up the sound bar or tv speakers loud enough to make everyone comfortable enough to engage, than do it!

Let's pray together believing the LORD hears and will answer our prayers.

Introduction

Psalm 134

Video

Come, bless the Lord, all you servants of the Lord, who stand by night in the house of the Lord!

Group

Lift up your hands to the holy place and bless the Lord! May the Lord bless you from Zion, he who made heaven and earth!

Listening

Romans 8:26-27

Video

...The Spirit helps us in our weakness.

Group

For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.

Video

And he who searches hearts knows what is the mind of the Spirit,

Group

because the Spirit intercedes for the saints according to the will of God.

Praise & Adoration

Psalm 51:15

Video

O Lord, open my lips, and my mouth will declare your praise.

Psalm 113:1-4

Group

Praise the Lord!

**Praise, O servants of the Lord,
praise the name of the Lord!**

**Blessed be the name of the Lord
from this time forth and forevermore!**

**From the rising of the sun to its setting,
the name of the Lord is to be praised!**

**The Lord is high above all nations,
and his glory above the heavens**

DOXOLOGY

Psalm 103:1-5

Video

Bless the Lord, O my soul, and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's.

Group

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

Confession & Repentance

Video

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin!

Group

**Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.**

Intersession

Psalm 20:1-4

Video

May the Lord answer you in the day of trouble!
May the name of the God of Jacob protect you!
May he send you help from the sanctuary
and give you support from Zion!

Psalm 20:4-5

Group

**May he grant you your heart's desire
and fulfill all your plans!**

**May we shout for joy over your salvation,
and in the name of our God set up our banners!
May the Lord fulfill all your petitions!**

Video

Philippians 4:5 The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

James 5:14-16

Video

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.

Group

And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

Video

Therefore, confess your sins to one another and pray for one another, that you may be healed.

Group

The prayer of a righteous person has great power as it is working

Psalm 121

Video

I lift up my eyes to the hills.
From where does my help come?

Group

**My help comes from the LORD,
who made heaven and earth.**

Lament

Video

We are sometimes meant to be heartbroken.

Group

Matthew 5:3 “Blessed are the poor in spirit, for theirs is the kingdom of heaven.”

Video

We are sometimes meant to mourn.

Group

Matthew 5:4 “Blessed are those who mourn, for they shall be comforted.”

Video

It's ok to be angry.

Sometimes it's right to weep and long for things to be made right.

Group

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied

Turn to God.

Psalm 77:1-3

Group

**I cry aloud to God,
aloud to God, and he will hear me.**

**In the day of my trouble I seek the Lord;
in the night my hand is stretched out without wearying;
my soul refuses to be comforted.**

**When I remember God, I moan;
when I meditate, my spirit faints.**

Make your Complaint

Psalm 13

Group

How long, O Lord? Will you forget me forever?

How long will you hide your face from me?

**How long must I take counsel in my soul
and have sorrow in my heart all the day?**

How long shall my enemy be exalted over me?

With your group, make your complaint out loud to God. As you make your complaint, we're going to agree with you in prayer. How long LORD? Why God? Why?

Ask Boldly

Group

**Consider and answer me, O Lord my God;
light up my eyes, lest I sleep the sleep of death,
lest my enemy say, "I have prevailed over him,"
lest my foes rejoice because I am shaken.**

Matthew 7:7-11NLT

Video

Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened.

Trust God

Psalm 13:5-6

Group

**But I have trusted in your steadfast love;
my heart shall rejoice in your salvation.
I will sing to the Lord,
because he has dealt bountifully with me.**

GRATTITUDE - Brandon Lake

Group

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

Group

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.